



**Sometimes scribbling on your notebook
just doesn't feel like enough.**

That's why we're here.

OregonYouthline.org
TEXT teen2teen to 839863

1.877.968.8491 :: facebook.com/oryouthline

Free, confidential, teen-to-teen support :: 4-10 PM every day

**Oregon
youthline**
A Service of Lines for Life

**We listen, we support,
and we keep it to ourselves.**

**live chat
available**